

Planning Calendar 2011-2012

To subscribe, call 1-800-446-3355 or visit our Web site at www.weeklyreader.com.

September	October	November	December	January	February Special Issue!	March	April/May
Your Body: Sleep	Your Body: Bones	Your Body: Common surgeries	Your Body: Strep throat	Your Body: Vision	Your Body: Height and growth	Your Body: Kidney stones	Your Body: Uninvited guests
Your Choices: Peer pressure	Your Food: Dairy	Your Mind: Gratitude	Your Food: Salt and sodium	Your Food: All about nuts	Your Choices: Dealing with bullying	Your Choices: Energy drinks	Your Food: Seasonal eating
Your Food: Snacks	Your Choices: Fighting tobacco	Your Relationships: Family and alcohol	Your Mind: The blues	Your Relationships: Divorce	Your Mind: Empathy	Your Relationships: Pets	Your Mind: Green time
Your Mind: Handwriting	Your World: Radiation	Your World: Antibiotics	Your Relationships: Grandparents	Your World: Gun safety	Your Relationships: Siblings	Your World: Amusement parks	Your Relationships: Sickness in the family
Your Relationships: Making new friends			Your World: Bedbugs		Your World: Bullies you know		Your World: Summer Olympics

Each issue of *Current Health Kids* meets the eight National Health Education Standards:

1. Students will comprehend concepts related to health promotion and disease prevention to enhance health.
2. Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.
3. Students will demonstrate the ability to access valid information and products and services to enhance health.
4. Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
5. Students will demonstrate the ability to use decision-making skills to enhance health.
6. Students will demonstrate the ability to use goal-setting skills to enhance health.
7. Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
8. Students will demonstrate the ability to advocate for personal, family, and community health.

Pulse A roundup of the latest health news. **Safety Zone** and **Lookin' At You** Be healthy and safe.

You Asked Experts help answer readers' questions.

Please note: In our effort to bring you the latest information available, we reserve the right to amend this outline.