

Name: \_\_\_\_\_

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# Somebody to Lean On

Directions: Read the article “School Counselors 101” (page 16). Then answer the questions below.

## Part 1

1. Name two school-related questions or problems that school counselors can help with.

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2. Name two non-school-related questions or problems that school counselors can help with.

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3. When should you meet with your counselor?

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4. How confidential are visits to your counselor?

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## Part 2

In the article, school counselor Terry Mitchell says he can understand what students are going through: “We’ve all been there. I’ve been dumped by a girl and gotten into a fistfight. I remember what it was like to be a teenager.” How well do you think your counselor relates to you? What can you do to improve the relationship?

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