

# Current Health<sup>2</sup> Planning Calendar 2006–2007

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	September	October	November	December	January	February	March	April/May
<b>Your Body</b>	Sports injuries	Heart	Obesity	Flu	Preventable illnesses	Gastrointestinal system	Allergies	Muscles
<b>Your Choices</b>	Inhalants	Ethics	Diet aids	Shoplifting	Marijuana	Smokeless tobacco	Attitudes	Steroids
<b>Your Energy</b>	Get Up and Go! fitness program	Fats	Weight loss	Balance training	Vegetarianism	Find your best exercise	Healthier food choices	Modified foods
<b>Your Mind</b>	Post-disaster mental health	Phobias/fear	Eating disorders	Suicide	Food and mood	Creativity	Anger	Obsessive-compulsive disorder
<b>Your Relationships</b>	Dealing with loss	Harassment in school	Grandparents	Tolerance	Mentors	Breaking up	Sibling rivalry	Online/off-line friendships
<b>Your World</b>	Disaster preparedness	World hunger	Health-care policy/consumer rights	Drug resistance/superbacteria	Alternative medicine	Prosthetics	Refugee teens	Global warming

## Each issue of *Current Health 2* meets the seven National Health Education Standards:

1. Students will comprehend concepts related to health promotion and disease prevention.
2. Students will demonstrate the ability to access valid health information and health-promoting products and services.
3. Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.
4. Students will analyze the influence of culture, media, technology, and other factors on health.
5. Students will demonstrate the ability to use interpersonal communication skills to enhance health.
6. Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health.
7. Students will demonstrate the ability to advocate for personal, family, and community health.



**You Said It!**  
Real teens test healthy practices and products.

**Safety Zone**  
Learn critical information about first aid and safety.

**Dr. Detective**  
Find out how real-life medical mysteries were solved.

**Please note:** In our effort to bring you the latest information available, we reserve the right to amend this outline.