

World Hunger

What does a typical week's food look like for families across the globe? In Peter Menzel and Faith D'Aluisio's book *Hungry Planet: What the World Eats* (Ten Speed Press, 2005), families in 24 countries are pictured with a week's worth of food. Photo captions describe every last bite, as well as the cost. You can find stories about some of the families featured in the book by visiting www.npr.org and typing in "Hungry Planet: What the World Eats." After reading the article, answer the questions below.

1. Were you surprised by what the different families ate and how much they spent? Explain your answer.

2. Do you think that most of the families are getting an appropriate amount of food for one week? Why or why not?

3. Which family's groceries were the closest to what your family eats? Why?

4. Which family's groceries were the furthest from what your family eats? Why?

5. Which family's groceries for the week appealed to you the most? Which appealed to you the least? Why?

6. What lessons did you learn from the Hungry Planet photos? How can you apply them to your family's grocery shopping habits?
