

Big News

Use the article “The Problem with Obesity” (page 8) to answer these multiple choice questions.

1. When you take in more calories than you burn, fat cells
 - A. swell and multiply
 - B. shrink and multiply
 - C. swell and decrease
2. What percent of advertisements for food is directed at kids and teens?
 - A. a quarter
 - B. a third
 - C. half
3. How many teens walk or bike to school these days?
 - A. two in five
 - B. three in six
 - C. one in eight
4. What do too many fat cells make the brain less responsive to?
 - A. signals that the stomach is full
 - B. signals that the stomach is empty
 - C. digesting food normally
5. Twenty years ago, the average cheeseburger had 333 calories. Today it has:
 - A. 150
 - B. 590
 - C. 670
6. How many million teens are so out of shape that they're at risk of developing heart disease, according to one nationwide study?
 - A. 7.5 million
 - B. 8.5 million
 - C. 3 million