

**Oh, Brother (or Sister)!**

As the article “Sibling Competition: Keeping It Fair and Fun” (page 12) mentions, lots of people share similar interests with their brothers and sisters. And often, a little friendly competition can become a real bonus. Sibs who compete both strive to improve themselves and support each other.

For example, take Tiki Barber, the recently retired running back from the New York Giants football team. His twin brother, Ronde, is also a football player, for the Tampa Bay Buccaneers. Practicing and playing against each other as they grew up, the Barber brothers probably had their share of conflicts. But Tiki recently told Weekly Reader that competing with his brother made them both better players: “...*we were always so competitive with each other, in a good way, that we pushed each other to very high limits and standards of excellence.*” (You can read more of Tiki’s thoughts here: [www.weeklyreader.com/wys/tiki\\_interview.asp](http://www.weeklyreader.com/wys/tiki_interview.asp))

What about you? Does competition help or hinder you? After reading the article, answer the questions below.

1. Are you most competitive with friends or with siblings?

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2. Why do you think that is?

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3. How does competing affect your relationships with other people?

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4. What can you do to make the most out of competition with someone you love?

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