

## March 2007 Answer Key

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### **Oh, Brother (or Sister)!**

Answers will vary.

### **Decisions, Decisions**

Answers will vary.

### **All About Allergies**

1. Answers may include: itchy eyes, itchy nose, runny nose, sneezing, headaches, and coughing
2. First, the body is exposed to an allergen and tries to fight it. Then, when the body encounters the allergen again, allergy symptoms such as watery, itchy eyes; sneezing; and a runny nose occur.
3. Genes and environment both play a role. A person has to be exposed to the allergen regularly to develop a reaction to it. Genes make the difference in who develops symptoms.
4. Some ways to cope with hay fever include: keeping windows closed, using over-the-counter antihistamines, getting prescription medication, and getting allergy shots.
5. An allergist is a doctor who specializes in diagnosing and treating allergies. He or she can perform tests to find out what a person is allergic to, as well as prescribe medication and allergy shots.