

Name: _____

It's Your Choice

Directions: Read the article “Begging Off on Boozing” (page 20). In Part 1 below, answer the questions. In Part 2, describe how you would handle the situation if you were Jamie.

Part 1

1. Describe a situation in which you have faced peer pressure.

2. What choice did you make, and how did you deal with the peer pressure?

3. What was the reaction to your response? What are some other ways you could have responded?

Part 2

Every Friday night for the past few months, Jamie and his friends have been drinking in the park. At first, Jamie had fun. But after being drunk a few times and getting sick to his stomach, then having to lie about it to his parents, Jamie doesn't want to do it anymore. As a result, he has started coming up with excuses. Last week, he said he had a bad headache. The week before, Jamie told his friends he needed to stay home and prepare for a college admissions test. This time, he says he has to go to his uncle's birthday party. “You're just making stuff up to avoid us,” says his friend Kelly. “Don't be such a loser. Come have a beer. Or are you too nerdy to hang out with us anymore?”
