

Name: _____

Spend Central

As the article “Dollars and Sense” (page 12) demonstrates, many teens struggle with managing money. One way of keeping more pocket change in your pocket is to figure out which stuff you can live without. Just consider these health products, all of which come at a premium price. For each item, fill in any alternatives you can think of, advantages the item may have over the alternatives, and the difference in price between the two. The first row has been completed for you as an example. After completing the chart, answer the question below it.

Item	Alternatives	Advantages	Difference in Price
Brand-name vitamins	Generic/store-brand vitamins	Trust in name brand	Brand name up to twice the price
Imported bottled water			
Health club membership			
Protein bar			
Battery-powered toothbrush			
Tissues with lotion			

Which products do you think are worth the higher price? Why?
