

Name: _____

Banking on Buddies

Directions: Read the article “The Value of Pals” (page 20). Then decide whether the following statements are true or false; circle your answer. Finally, write your answer to the question below.

Part 1

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|--|------|-------|
| 1. People who have a lot of social support are not as likely to get sick or stressed. | True | False |
| 2. Peer pressure always has a negative effect on teens. | True | False |
| 3. According to Professor Nattavudh Powdthavee, friends can make the tough parts of life seem more bearable. | True | False |
| 4. Social interactions with friends do not make people happier or healthier. | True | False |
| 5. Bianca’s friend didn’t help her make a healthy choice at the party. | True | False |
| 6. There is no connection between socializing with friends and increased life satisfaction or well-being. | True | False |
| 7. Alisa thinks she recovered from her hospital stay more quickly because her friend Nick cheered her up. | True | False |
| 8. Humans are the only creatures that display friendly behaviors. | True | False |
| 9. A person would need an extra \$170,000 a year to make up for the joy that friendships can bring. | True | False |
| 10. Too much stress over time can harm the brain and the immune system. | True | False |

Part 2

Your Turn: In “Quantity or Quality?” teens debated the merits of having lots of friends versus a few close ones. What do you think is more important?
