

Name: _____

Growing Up Means Growing Taller

Part 1: After reading “The Growth Factor” on page 27, unscramble these words.

1. A period of intense growth: **w r g o h t p r u s t** _____
2. The body releases these to make bones grow: **m o h r s o n e** _____
3. Half the people are taller, half the people are shorter: **v a r e e g a** _____
4. Your doctor writes your height and weight on one of these:
r h a t c _____
5. A fast period of growth can lead to this: **s u l s c i m s n e** _____

Part 2: Circle *T* for true or *F* for false for each of these statements.

6. Usually, people are finished growing by the time they are 13. **T F**
7. A fast period of growth can cause growing pains. **T F**
8. The condition called Osgood-Schlatter happens in the legs. **T F**
9. If a child is growing too quickly or too slowly, it could be because of nutrition. **T F**
10. A child’s height usually has nothing to do with how tall his or her parents are. **T F**

Bonus: First, define these words from the story. Then use each word in a sentence.

Average: _____

Predict: _____

